

Sports Clubs

Day	Time	Activity	Venue / Staff	Upcoming Competitions
Monday	Lunch Time	<i>S1 - 6 Running</i>	Various- Mrs Richards	County Champs on 9/3/10 Forth Valley Champs in Feb SSAA Cross Country 3/3/10
	Lunch Time	<i>Boys Rugby</i>	Astrograss- Mr Kirk and SVQ's	
	4.00 - 5.00	<i>S1 Boys Football</i>	Astrograss / Games Hall- Mr Main	Various
	3.40 - 5.00	<i>Gymnastics Club</i>	Gymnasium- Miss McKay	Scottish Schools 21/3/10
Tuesday	Lunch Time	<i>S4-6 Boys Football</i>	Astrograss- Mr Turnbull & Mr Henderson	
	Lunch Time	<i>Staff v Pupils Basketball</i>	Games Hall- Mr Foley	S3-6 Clacks Schools 17/3/10
	Lunch Time	<i>Boys Only Fitness</i>	Fitness Suite- Mr MacMichael	
	3.40 - 5.00	<i>S2 Boys Football</i>	Astrograss- Mr Mill	Various
	3.45 - 4.45	<i>S1 - 3 Cheerleading</i>	Dance Studio- Miss MacDonald	
Wednesday	4.00 - 5.00	<i>S1 - 6 Basketball</i>	Games Hall- Mr Blackhall/ Mr Foley	S3-6 Clacks Schools 17/3/10
Thursday	Lunch Time	<i>S4-6 Boys Football</i>	Astrograss- Mr Turnbull & Mr Henderson	
	Lunch Time	<i>Girls only Fitness</i>	Fitness Suite- Mrs Hunter	
	4.00 - 5.00	<i>S1 - 6 Kick Boxing</i>	Gymnasium- Coach Adam	County Kicking Boxing Comp tba
	4.00 - 5.00	<i>S1 - 6 Dance</i>	Dance Studio- Mrs McCleave	
	4.00 - 5.00	<i>S1 - 6 Girls Football</i>	Astrograss- Miss Kirstein	Games start on 29/10/09
	4.00 - 5.00	<i>Girls Rugby</i>	Alloa Academy	
	4.00 - 5.00	<i>Rock-it-Ball</i>	Games Hall- Mr MacMichael	
Friday	Lunch Time	<i>S1 - 6 Football</i>	Astrograss- Mr Aldous	
	Lunch Time	<i>S1 Boccia</i>	Gymnasium- Mr Main	
	Lunch Time	<i>S1&2 Badminton</i>	Games Hall- Miss MacDonald	
	Lunch Time	<i>Boys only Fitness</i>	Fitness Suite- Mr MacMichael	