

There are local shops nearby and staff will assist residents with shopping if they wish. Residents can also order a newspaper or magazine to be delivered to the home.

Church Service

The local minister leads a church service within Menstrie House once a month. If a resident wishes to continue to visit their own church, staff can assist with arrangements.

Security

All external doors in Menstrie House are linked to an alarm system. This allows staff to monitor the security of the building.

Additional Information

Menstrie House has been successful in achieving and retaining ISO9001: 2000 Standard with health mark. This is in recognition of the standard of care we offer and we continue to be audited regularly on these standards. National care standards are also an integral part of everyday practice.

Social Services employ a Complaints Officer to ensure all complaints are dealt with thoroughly, fairly and within a reasonable timescale. Complaints leaflets are available from Menstrie House, from Clackmannanshire Council, Social Services offices or you can contact the Complaints Officer direct Tel: 01259 452367.

The Commission for Care carry out formal inspections regularly and copies of the reports are available from Menstrie House. The Commission will also deal with complaints. You can contact the Commission on 01786 406363.

A residents' handbook is also available for prospective residents with more information on all the services and facilities available at Menstrie House.

MENSTRIE HOUSE,
Main Street West, Menstrie. FK11 7BT

Telephone: 01259 762482

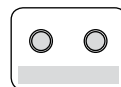
Core Values of the Council

Commitment, Trust and Partnership

Openness and Accountability

Respect and Dignity

Equity, Fairness and Inclusion



This leaflet can also be made available on audio tape or CD.
Contact the Research & Information Service on 01259 452519.

یہ دستاویز کے بارے میں معلومات فراہم کرتا ہے۔ ایڈٹ یعنی بالغ افراد کے لئے کیئر سروس
اس دستاویز کو اپنی زبان میں سمجھنے کے واسطے اگر آپ کو مدد کی ضرورت ہے تو برائے مہربانی اسکو کونسل آفس
لے جائیں اور ریسپشن پر پوچھیں۔ کونسل کے دفاتر کے پتے نیچے درج ہیں۔

گرین فیلڈ ہاؤس	لائیم ٹری ہاؤس
ٹیلی بڈی روڈ	کاسل سٹریٹ
آلو	آلو
FK10 2AD	FK10 1EX

這文件內容是有關 成人護理服務。
如你需要，我 可以用你的語言幫助你了解此文件的
內容。請携同此文件到議局辦公室接待處查。
辦公室地址如下：

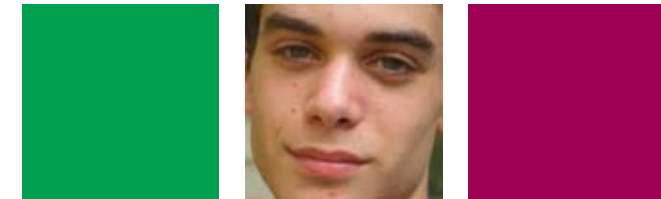
Greenfield House 青田樓	Limetree House 檸檬樹樓
Tullibody Road	Castle Street
Alloa	Alloa
FK10 2AD	FK10 1EX

Niniejszy dokument udziela informacji na temat Opieki Społecznej dla Dorosłych.
Jeśli chcieliby Państwo skorzystać z pomocy w zrozumieniu tego dokumentu w swoim języku, proszę go ze sobą zabrać do Biura Rady Miejskiej (Council Office) i zapytać w recepcji. Mogą Państwo znaleźć Biura Rady Miejskiej pod poniższymi adresami:

Greenfield House	Limetree House
Tullibody Road	Castle Street
Alloa	Alloa
FK10 2AD	FK10 1EX

Further information can be obtained on the
Clackmannanshire Council website: www.clacksweb.org.uk.
Contact the Research & Information Service on 01259 452519 to obtain
further supplies of this leaflet or to request changes / amendments

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A Care Home for older people



Introduction

Situated in the picturesque village of Menstrie, nestling at the foot of the Ochil Hills on the main St. Andrews - Stirling Road. Menstrie House is easily accessible by road and is served by several buses en route to Alloa and Stirling.

Menstrie House was opened in 1984 as a purpose-built single storey residential home for 40 older people. There are 5 units each with its own lounge accomodating between 7 - 10 people.

All bedrooms are single but 2 can be used for sharing if required.

All bedrooms have:

- ensuite facilities with wet floor shower, toilet and washhand basin
- Ample wardrobe space
- Adequate furnishings, which can be removed to make room for personal furniture
- Call systems (should residents need assistance from staff)

All bedrooms are within close proximity to additional toilets and bathrooms.

What staff support is available?

A 24-hour personal care service is provided by staff working within a team structure. The staff team consist of:

- Team Leader
- Senior Care Officers
- Social Care Workers (day & night care)
- Social Care Assistants
- Cook and Assistant Cook
- Domestic Assistants (day & night care)
- Activities Co-ordinator
- Administrative Assistant

One person (the Keyworker) takes particular interest in each resident's needs and helps them through their admission and stay in Menstrie House. The Keyworker will assist with any personal wishes such as letter writing, telephoning, shopping, and appointments for GPs, chiropodists, hairdressers or opticians. Other staff are available to assist with such matters if the Keyworker is unavailable.

What care support is available?

Care is offered to people who are no longer able to remain at home with additional support. The care provided will meet the physical, emotional and social needs of the resident.

When a resident moves in to Menstrie House, they may be able to keep their own G.P., but if this is not possible, staff will arrange for the resident to register with a local practice of their choice.

District Nurses will call when necessary to meet any nursing needs. Medical services are available to residents such as a dentist & chiropodist.

Meals

While meals are flexible to individual dietary needs and preferences, they are usually served at set times. Residents are involved in menu planning and special diets are catered for. Residents are able to use kitchen facilities within lounge areas to prepare snacks. Tea and coffee are available throughout the day and visitors of residents are welcome to use this facility.

Activities / Services

An Activities Co-ordinator is employed Monday to Friday within Menstrie House to assist with crafts, activities and hobbies.

A structured programme is prepared weekly, which includes:

- music and movement
- carpet bowls
- baking
- sewing
- painting
- sensory stimulation, such as word games, music reminiscence etc.

Board games, cards and dominoes are available at any time with staff participation and assistance when required.

Each lounge has its own library, where books are changed regularly by the Clackmannanshire Council library service. We also offer an extensive film library where residents can borrow tapes and DVD's. There are also quiet areas available throughout the home to read or talk in privacy. The surrounding gardens provide a pleasurable area to stroll with benches to sit, relax and enjoy the scenery.

Trips and outings are arranged to various social events throughout the year and there are regularly arranged entertainers who visit the home for residents to enjoy concerts etc.

There are other services which residents can use at their own cost including hairdressers who visit twice weekly and a barber who calls by arrangement.