

The Charter

This Charter for Carers in Clackmannanshire has been produced by Clackmannanshire Council and NHS Forth Valley in partnership with the Princess Royal Trust for Carers, local carer organisations and carer representatives.

It is a declaration of our commitment to supporting carers:

- ▶ We acknowledge the important role of carers in the local provision of care and support.
- ▶ We aim to ensure that carers receive the support they need, not only in line with government policy and legislation, but also in line with what we believe is an important part of our approach to delivering the best possible services for carers, and services to the people they care for, in Clackmannanshire.

Key principles and aims for Carers in Clackmannanshire

Producing Information:

We aim to ensure that carers are provided with good quality information about the support and services available to them.

Maintaining Quality Of Life:

Carers should have access to opportunities for life-long learning, leisure and employment. We aim to ensure that the quality of life of carers, and the people they care for, is maintained or enhanced by available support.

Promoting Carer Health:

We acknowledge the importance of recognising the impact of a caring role on the health and well being of carers and we aim to identify and address carers' health needs.

Identifying Need:

We aim to support carers by identifying and acknowledging their physical and emotional needs and by providing appropriate levels of support.

Ensuring Financial Security:

We aim to ensure financial security for carers by offering advice and support for income maximisation and enabling access to benefits and allowances.

Offering Respite And Short Breaks:

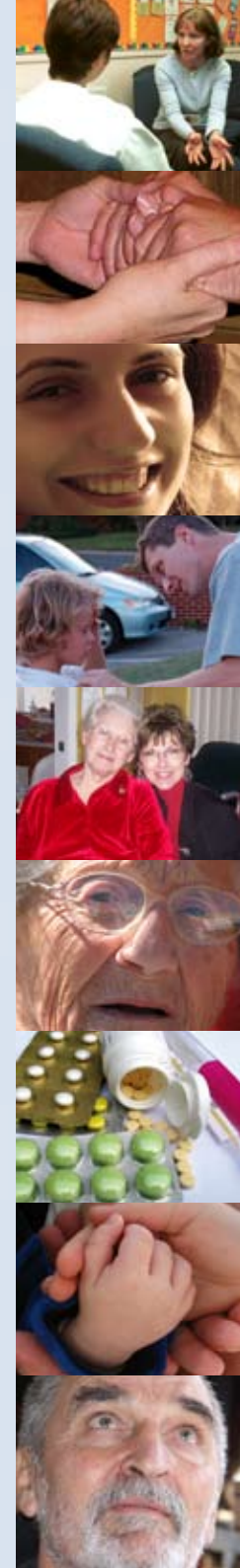
We aim to offer carers a break from their caring role through the provision of help at home or by appropriate and timely respite and short breaks.

Providing Training For Carers:

We aim to provide carers with guidance and training that is appropriate to their caring role and also supports them to have a say about the provision of services.

Consultation, Representation and Involvement:

We aim to ensure that carers are recognised and treated as partners in the provision of care and in the future development, and improvement, of local health and social care and support services.



***For further information about support and services,
please contact:***

Clackmannanshire Council Social Services

Adult Care / Community Care Tel 01259 727010

Child Care / Children's Services Tel 01259 225004

Clackmannanshire Council website www.clacksweb.org.uk

Community Mental Health Services Tel 01259 215048

or ask at the Hospital or at your Local Health Centre

NHS Forth Valley website www.nhsforthvalley.com/home

The Alloa Office of the Princess Royal Trust for Carers:

Whins Resource Centre, Whins Road, Alloa Tel 01259 219288

Carers Centre (Falkirk and Clackmannanshire) www.carersfalkirk.org.uk

Clackmannanshire Carers Charter

"A carer is someone who, without payment, provides help and support to a relative, friend or neighbour, who could not manage without their help due to age, sickness, addiction or disability."
(The Princess Royal Trust for Carers)

